

Health and wellness made **easy** with no employer contribution.

Attract and retain a happy and healthy team by sharing these resources.

LifeMart

Free discount platform that offers savings on child care, education, travel and more

- 10% discount on tuition for KinderCare and other national care centers.
- Savings on everything from grocery and local coupons to child and senior care discounts, tickets, hotels, electronics and so much more.



Free pharmacy discount program

- Save up to 80% on FDA-approved prescription medications at more than 64,000 pharmacies nationwide.
- Visit perks.optum.com/hospitalityrx to find the best pricing on prescriptions and download discount coupons.

Individual & Family Health Insurance

Free service for team members who are not eligible for employer insurance

- Multilingual service provides:
 - Free quotes from multiple carriers.
 - Access to lowest priced plans and maximum federal subsidies.

Varies by county and state.

Mental Health Resources

Free resources to support workplace wellness

- Mental health, substance use disorder, and suicide prevention
- Support groups
- Crisis lines
- Stress management tools
- Manager guidebook

Contact us for free informational flyers *personalized for your business.*



Find out more at healthy-hospitality.org

or email hospitalityhealth@uhg.com

